

Free and/or Low-Cost Activities for You and Your CASA Child(ren):

In Inyo and Mono Counties:

1. **Visit Law's Railroad Museum.**
2. **Visit Manzanar.** On your way back stop to **feed the fish at the Mount Whitney Fish Hatchery.**
3. **Visit Owens Valley Paiute Shoshone Cultural Center.**
4. **Take a drive and visit the Bristlecones.**
5. **Take a tour of the Bishop Community Garden.** Contact Owens Valley Career Development Center to arrange a tour (760)-873-8851.
6. **Take a tour of the Owens Valley Radio Observatory.** Once a Month Tours are offered or call 760-938-2075 to arrange a tour.
7. **Learn the Paiute and Shoshone Language together.** OV CDC Nuumu Yadoha Program offers beginner classes for pre-school to adult learners, contact them at (760)-873-5107.
8. **Visit Keough's Hot Springs.** If you are feeling extra adventurous go to a water aerobics class together.
9. Visit and walk the trails at **Hot Creek.**
10. Visit **Devils PostPile and Rainbow Falls.**
11. **Visit Red Rock Canyon** and on your way back towards Bishop stop by the **Red Mountain and Chidago Canyon Petroglyphs.**
12. Hike the Loop around **Convict Lake.**
13. Drop in on a **kid's Climbing Class at Sage to Summit.**
14. Go on a 4x4 adventure in search of the **Crowley Lake Columns.**
15. Head south to the **Alabama Hills** and see if you can pick out any film locations.
16. See about **visiting or attending an education program put on by Wildcare Eastern Sierra** (760)-872-1487.
17. Check out **Eastern Sierra Land Trust Community Events, At-Home Haven activities or book club** together (<https://www.eslt.org/at-home-haven/>).

Do Anywhere Activities:

1. **Write a letter to congress or your local representative;** share your feelings about local, national or global issues.
2. Take an **architectural tour** of your town. Spend a few minutes researching the buildings online. Have your child(ren) draw their own rendition of their favorite building from memory.
3. **Make up short stories** and remove random nouns, verbs and adjectives. Ask your child(ren) to fill in the blanks.
4. **Write a letter to a favorite celebrity.** Mail it to their fan club.
5. **Learn a magic trick.**
6. **Take turns playing advice columnist.** Take turns to see who can come up with some

of society's most challenging problems. Share each other's ideas and your solutions.

7. **Buy inexpensive t-shirts.** Design and paint them.
8. **Visit the local library;** look at a book on astronomy, origami, French cooking, anything fun and interesting. Visit a bookstore.
9. **Make a Kite** and find a place to go fly it.
10. Go for a **hike** on one of the many trails in Inyo or Mono County.
11. **Use a Frisbee to knock down 2-liter plastic soda bottles, set up like bowling pins.**
12. **Practice filling out applications.**
13. Visit a local **coffee shop** to sip hot chocolate, have a snack and play a board game.
14. Take a **tour of City Hall or attend a City Council** meeting to find out how our local Government works.
15. Read through the **Guinness Book of World Records** together.
16. Participate in a **local intramural sports team.**
17. **Create your own nature or shopping scavenger hunt.** Use a camera to capture the items.
18. **Go out to breakfast before school starts.**
19. **Walk around a local boat or car show.**
20. **Raise money for future outings by collecting recyclable bottles and cans.**
21. **Lay out 20 socks and see who can match the most** in 2 minutes.
22. **Learn something new together,** such as a card trick or how to juggle.
23. **Volunteer together at a local non-profit or charity during the holidays.**
24. **Go window shopping.** Discuss how certain clothes affect your body & body image.
25. **Learn to play a musical instrument together.**
26. Get a couple of **disposable cameras** and take pictures. At the end of your picture taking, put a photo album together. Decorate with lots of stickers and colorful markers.
27. Get a book of **animal tracks** and explore a pond or trail together to see what animals live in the area.
28. Develop a **list of 30 questions:** odd and unusual facts you would like to know about each other.
29. **Make a calendar of events** of his/her year.
30. **Collect leaves** and safe plants on a hike. Make a plant rubbing or press the leaves between wax paper.
31. **Open the hood of a car** and discuss what is under there.
32. **Sit on a bench and watch people.** Take turns guessing where you think the people are going.
33. On a sunny day **drive around and photograph** serene scenery.
34. **Visit a local, regional and/or state park.**
35. **Hold your own Olympic Games.** Create your own teams, flags and colors.
36. Put together a themed **picnic.**
37. **Go grocery shopping.** Find the cereal with the least and most amount of sugar. Do that with other food items.
38. **Go geocaching.**
39. **Hit golf balls** at a driving range.

40. **Go to the Farmers Market.** Try new foods, see who can identify the most different types of fruits and vegetables.
41. **Attend a sports game** at your child's school or the high school they will be attending.
42. **Volunteer to walk dogs or socialize cats** at the animal shelter together.
43. If you or your child have a dog, take them to the **dog park** and see how many other breeds of dogs show up while you are there.
44. **Go Bowling.**
45. **Go to a Movie.**
46. **Go Fishing.**
47. **Go Sledding.**
48. **Go skiing, snowboarding or skate skiing.**
49. **Go ice skating.**
50. **Go for a bike ride along the canals.**

Zoom/Video Chat Activities:

1. **Rock, Paper, Scissors**
2. **5-second Game:** Pick a topic and give your child(ren) 5 seconds to come up with three items that go with that topic.
3. **Guess the sound:** turn off your video sharing and make a sound, have the child(ren) guess what it is.
4. **Once Upon a Time Story Telling:** Start the first line of a story and let the child fill in the next line, continue until you have a story.
5. **Charades.**
6. **Pictionary:** Either use Zoom Whiteboard option to have kids draw a picture or have them draw on a pad of paper and let you guess.
7. **Name, Place, Animal, Thing:** Pick a letter, kid has to think of a famous place, name, animal or thing that starts with that letter. Next person in line has to do the same using the last letter of the last persons answer.
8. **Silly Faces:** make silly faces and screen shot them then vote on the best/worst silly faces.
9. **I Spy.**
10. **Simon Says.**
11. **The ABC Game:** First person starts with "I'm going to the beach and bringing (any object that starts with A, example apple), Player 2 goes next and says I'm going to the beach and bringing an apple and (any object that starts with a B) and so on through the alphabet.
12. **Puppet show:** You can send them finger puppets or kits to make their own or just have them pull off their socks and put on a zoom puppet show.

13. **The Memory Game:** You'll need a baking sheet and different magnets. Stick magnets to the sheet in a pattern, show them the sheet, then take down and remove one or more of the magnets and ask which is missing.
14. **Zoom Dance Party:** Have the child name songs they like, find them on YouTube and everyone dances.
15. **What's Your Talent:** Ask child(ren) what their talent is, have them explain and show you.



CASA

Court Appointed Special Advocates

FOR CHILDREN

CASA OF THE EASTERN SIERRA